



# MACKILLOP NEWSLETTER

VOLUME 19 2015, 27 NOVEMBER

## PRINCIPAL'S LETTER

Dear families, students and friends,

### Farewell, Class of 2015

Year 12 were splendidly farewelled at their Assembly last week. Prayers, songs, speeches, and stories dominated the event. It was a pleasure to close the Assembly by reading "Oh the places you'll go" by Dr Seuss and to present a copy of the book to each departing student. The inscription within the book speaks of the affection and admiration in which they are held:

*"Oh, The Places You'll Go" was first published in 1957. For generations of young people it has provided wisdom and inspiration for their future.*

*This copy has been purchased by the staff of St Mary MacKillop College and presented to [STUDENT], a member of the Graduating Class of 2015, as a sign of the affection and respect in which they are held.*

*"Courage is more exhilarating than fear." - Eleanor Roosevelt*

The opportunity to complete six years of secondary schooling at one place, the chance to pause, look back over your time of growth and change is a remarkable advantage for an adolescent. The Class of 2015, our largest Year 12 ever, were a remarkable group indeed.

### ISART Exhibition

Thank you to the staff and students who were involved in ISART 2015. Opened by our Federal Member of Parliament, Gai Brodtmann, the show featured fashion, music, food, and art. The large crowd were impressed with the imagination, quality, and variety of student talent that was showcased on the evening.

This regular event in the College Calendar is a real high point. A note of special interest was about a Christmas card. Gai Brodtmann conducts a competition for best Christmas card design, which she uses for annual distribution. Congratulations to Adela Ramadhina of Year 11 for winning this year. A Muslim girl at a Catholic school designing a Christmas card for a member of parliament is a very MacKillop story.

Yours in St Mary MacKillop,

MICHAEL LEE  
PRINCIPAL

## PRINCIPAL'S PRAYER

Lord, we pray for the victims of terror; whatever the race, culture, religion. We stand with the citizens of France, particularly with the community of St Joseph's College, Le Havre, who have not been untouched by recent events. Amen.

## UPCOMING EVENTS

DEC WEDNESDAY <b>02</b>	<ul style="list-style-type: none"> <li>• Year 7 2016 Induction Day</li> <li>• Year 10 2016 Transition Day</li> </ul>
DEC THURSDAY <b>03</b>	<ul style="list-style-type: none"> <li>• Year 7 2016 Induction Day</li> <li>• Year 10 2016 Transition Day</li> </ul>
DEC FRIDAY <b>04</b>	<ul style="list-style-type: none"> <li>• Year 12 Graduation Mass</li> <li>• Year 12 Formal</li> <li>• Market Day</li> </ul>
DEC MONDAY <b>07</b>	<ul style="list-style-type: none"> <li>• Year 10 Certificate Presentation</li> </ul>
DEC THURSDAY <b>10</b>	<ul style="list-style-type: none"> <li>• Year 7-9 Community Day</li> </ul>

# COLLEGE NEWS

## Pacific School Games

The following students have represented the ACT and MacKillop at the Pacific School Games in Adelaide: Jessica Lee, Ethan Lowey, Josh Ball, Alexie Boulton, Alexis Cross, Jarrod Lee, Ben Stokes, and Rebecca Cross.

Rebecca set a new School Sport Australia record in winning the 16 years 200IM, gold in the 400IM, and silver in the 50 and 100 breaststroke, while Ben won a bronze medal for the 200 fly.

*Cathryn Thomas*

## Italian Excursion

On Wednesday 18 November the Italian Year 10 students enjoyed a morning in Mawson tasting Italian coffee, pastries and regional food from the delicatessen.

The excursion started off with a happy sing along in the bus, where all the students joined in singing 'Volevo un gatto nero'. It was amazing to see that they all knew the words by heart! When we arrived at the Italian Continental Bakery, Trent and Alessio were waiting for us to take our orders of espresso, cappuccino, and caffè macchiato or cioccolata calda! Naturally we enjoyed our drinks sitting al fresco, accompanied by a delicious cannolo (deep fried dough tubes filled with cream). The students had to order everything in Italian.

The next stop was at Gina's and Fabio's deli shop, Tutto Continental. There we enjoyed a little treasure hunt of Italian products...such as Taleggio, Grissini, and Panettone. Gina kept feeding us delicacies like Parma Prosciutto and Italian fruit juice through the hunt. The students had the opportunity to find out more about regional products while conversing with Gina and Fabio in Italian. It was a fantastic experience and the perfect way to end a busy but rewarding year with a fantastic group of students. Grazie to Mr. O'Callaghan for driving us and for being our photographer on the day!

*Signora Paolucci*



## St Vincent de Paul Christmas Appeal

This term, Year 10 raised \$450, which SRC members, Jack Adamson, Betina Calderon and Chanel Kamilo spent on purchasing gifts to donate to the St Vincent de Paul Christmas Appeal. Hopefully the gifts will be much appreciated and will enable families in the Tuggeranong community to enjoy the birth of Christ.

*Phil Belcher, Year 10 Coordinator*

## Fees Information

It is now time to review all existing Direct Debit payments for 2016. If you currently pay fees by Direct Debit please email the Accounts Office at [jayne.limbrick@mackillop.act.edu.au](mailto:jayne.limbrick@mackillop.act.edu.au) for a new calculation of payments.

Bpay calculations are also available for parents wanting to pay by this method.

The 2016 fee schedule is on the College website and can be accessed at <http://www.mackillop.act.edu.au/index.php/enrolment/school-fees-schedule>.

**Fees for 2015 not paid by Direct Debit should now be finalised. Any outstanding fees should be paid immediately.**

*Michelle Predovan  
Fees Manager*

## ACT Secondary Bursary Scheme

The ACT Government's Secondary Bursary Scheme provides financial assistance to low-income families with student(s) in years 7 to 10 attending an ACT public, Independent or Catholic systemic school or who are home schooled. To be eligible, applicants must have a current Centrelink card or Healthcare card with means tested payment codes.

The ACT Secondary Bursary Scheme is an annual payment of \$750 per applicant. To ensure eligible applicants receive payment for the start of the 2016 school year applications must be lodged with the ACT Education and Training Directorate by 30 November 2015. Applications received after this date will be paid as soon as possible but payment may not be made until after school has commenced in 2016. An electronic copy of the form can be found at: [http://www.det.act.gov.au/school\\_education/starting\\_school/financial\\_assistance\\_for\\_families](http://www.det.act.gov.au/school_education/starting_school/financial_assistance_for_families).

If you require further information please call the Bursary Administrator on 6205 8262 or via email at: [ACTSecondaryBursary@act.gov.au](mailto:ACTSecondaryBursary@act.gov.au)

## END OF YEAR DATES FOR YEARS 7 & 9

**2 DECEMBER**  
WEDNESDAY

- Year 10 2016 Transition Day
- Year 7 2016 Induction Day

**3 DECEMBER**  
THURSDAY

- Year 10 2016 Transition Day
- Year 7 2016 Induction Day

**4 DECEMBER**  
FRIDAY

- Wanniasa Campus Market Day

**10 DECEMBER**  
THURSDAY

- Year 7-9 Community Day (Big Splash)

**11 DECEMBER**  
FRIDAY

- Final day of Term 4
- Year 7-9 Mass and Awards



# WANNIASSA NEWS

## 2016 Student Representative Council

Throughout Term 4 on the Wanniassa Campus students of Years 7-9 have reflected on the concept of leadership, including qualities of a leader, people who inspire us and avenues for leadership. With this information nominations were called for the Student Representative Council positions available for Year 7-9 students for 2016. The successful candidates are listed below:

Wanniassa Campus Captains: Tamara Darwich and Chris Caruana

Year 10 SRC: Mindygari: Adelaide Quayle  
Gurabang: Amber Brophy  
Meup Meup: Aisling Kinsella  
Ngadyung: Isaac Milnes

Year 9 (Wanniassa Campus House Captains):  
Mindygari: Will Granger and Maddie Watson  
Gurabang: Ryan Jackson and Emilia Piskuloska  
Meup Meup: Noah Cairnduff and Gabrielle Petersen  
Ngadyung: Seth East and Kate Caruana

Year 8 SRC: Mindygari: Maddison Coles  
Gurabang: Hayden Alcock  
Meup Meup: Zac Marsicano  
Ngadyung: Tori Martin

## St Vincent de Paul Christmas Appeal

This year the College fundraising focus for the Christmas season is the St Vinnies' Christmas Gift Appeal. Students are asked to donate Christmas gifts suitable for children and young adults aged 0-16 years. Donated items should be in their original packaging or new items. St Vinnies ask that the gifts are left unwrapped as this ensures that they can determine the suitability of each item based on the needs of individual recipients. Please do feel free to attach a card with a Christmas message of hope and joy instead!

Gift suggestions for young children include: colouring books and pencils, puzzles, soft toys, lego, blocks, sporting equipment, baby toys and books.

For older children: body lotions, gift vouchers, candles, diaries, pens, makeup, perfume, sporting equipment and books.



## MacKillop School Shoes

In preparation for the 2016 school year, many students may be in a position of needing to purchase new school shoes. The policy regarding school shoes is outlined on the College Website and in the Student Diary. It states:

*"In terms of footwear, the expectation is traditional, black, leather, lace up, polishable school shoes. Suede shoes and black joggers are not acceptable for safety reasons. Elevated shoes and platform heels are not a part of the College uniform. The sole should be no more than 2 cm high and the heel 3 cm. Buckle shoes, canvas shoes, ballet shoes, cloth shoes, and slip on shoes are NOT permitted".*

The information page later in this Newsletter is designed to assist parents and students in clarifying what is suitable in order to hopefully avoid any confusion.

## Status Awards

Congratulations to the following students who have this week been presented Status Awards at the Wanniassa Campus Assembly:

Bronze: Sophie Bone (7A1), Luke Bowring (7EW), Caitlyn Busfield (7E3), Cassandra Dahl (7W2), Brianna Deskar (7E1), Cooper Ehlers (7A3), Amber Francis (7E2), Daniel Kelly (7E1), Dylan Hewett (7E1), Anna Hoang (7AF), Olivia Latter (7W3), Rachel Manangan (7F2), Charissa Nguyen (7E2), Josh Parker-Peters (7F1), Ellen Scott (7W2), Ryan Straub (7F3), John Whinfield (7F1)

Silver: James Crowther (7W3), Ashley Gillett (8A1), Darcy Kinsella (7F3), Rebecca Murphy (8EW), Angela Ovari (8A1)

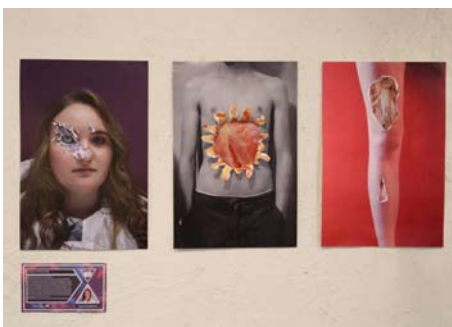
Gold: Aisling Kinsella (9F2)

*Monica Bailey  
Acting Assistant Principal, Pastoral Care, Wanniassa Campus*

## ISART

ISART, our annual Year 12 exhibition, was officially opened on Thursday, 12 November by Gai Brodtmann MP. The event kicked off with a fashion parade by Senior Fashion students in F Block and was followed by a viewing of the exhibition of Year 12 Visual Art, Graphic Design, Photography and Media works in the Art Block. A huge thank you to parents, friends and MacKillop staff who attended and to our very talented Year 12 students for putting on an outstanding show.

*Tamara Murdoch, Visual Arts Coordinator*





## St Mary MacKillop College School Shoes



*In terms of footwear, the expectation is traditional, black, leather, lace up, polishable school shoes. Suede shoes and black joggers are not acceptable for safety reasons. Elevated shoes and platform heels are not a part of the College uniform. The sole should be no more than 2 cm high and the heel 3 cm. Buckle shoes, canvas shoes, ballet shoes, cloth shoes, and slip on shoes are NOT permitted.*

Traditional school shoes are leather, have a heel, a sturdy upper and a sole of sufficient density to ensure safety in the differing learning areas where students work.



Shoes which do not meet the College criteria:

- do not cover all of the upper foot
- are not polishable
- do not have a heel
- have a thin sole
- are not robust enough to protect the top of the foot



## COMMUNITY NEWS

### Outward Bound

Outward Bound's Navigator program is taking place in the ACT, Victoria, and NSW in the January school holidays. To see the dates and programs, visit: <http://www.outwardbound.org.au/>

### Lifeline Christmas Book Sale

This book sale will take place at Calwell Shops on Friday 27 and Saturday 28 November.

### Tuning in to Teens

This Parenting Program for parents of 10-18 year olds begins in February and takes place in Belconnen. For more information and to register interest for the program, contact Ellen McKenzie on 0412 856 988 or email [mckenziepsychology@gmail.com](mailto:mckenziepsychology@gmail.com).

### Parentline ACT

Parentline ACT is a confidential, anonymous telephone counselling and information service. Phone Parentline if you would you like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager's behaviour.

Monday to Friday (except on public holidays), 9am to 5pm.  
Phone: 6287 3833

**RESTORE HIS HOPE  
THIS CHRISTMAS.**



You can help restore hope to the people who need it most this Christmas.  
For more information visit [www.vinnies.org.au/givechristmas](http://www.vinnies.org.au/givechristmas)

**VINNIES CHRISTMAS APPEAL. RESTORING HOPE.**

**Vinnies Christmas Appeal**  
by Vinnies Australia

## Graphics Calculator

The tertiary courses, Specialist Mathematics, Mathematical Methods and Mathematical Applications have a major focus on the use of ICT, with particular emphasis on graphics calculators. This means that each student entering **Year 11 2016** and electing a tertiary course will need to purchase a graphics calculator for next year. The calculator we recommend is the Texas Instruments TI-84 Plus model.

An order form from Abacus is below. The order form needs to be actioned by 26 January, 2016 for this offer to stay in effect. If you would rather purchase the graphics calculator from another company or source, please ensure that you get the Texas Instruments TI-84 Plus model. Other brands such as Casio, Sharp and Hewlett Packard are available but all operate differently from the Texas Instruments model.

CAS capable calculators are not approved by the College. This is due to equity issues involving the extra cost. Students will not be allowed to use CAS capable calculators in assessment tasks.

*Tad Kuzma, Maths Coordinator (Isabella)*



### ST MARY MACKILLOP COLLEGE – ISABELLA **ACT** ONLINE STUDENT CALCULATOR ORDERS

ORDERS ARE TO BE PLACED BETWEEN:

**26<sup>TH</sup> OF OCTOBER 2015 – 26<sup>TH</sup> OF JANUARY 2016**

**DELIVERY: WEEK COMMENCING MONDAY 8<sup>TH</sup> FEBRUARY 2016**

**\*PRICES WILL INCREASE ONLINE AFTER THIS CLOSING DATE**

- STEP 1:** GO TO [www.abacuscalculators.com.au](http://www.abacuscalculators.com.au)
- STEP 2:** ENTER YOUR SCHOOL ID CODE TO LOG IN: **MACKIL06**
- STEP 3:** SELECT YOUR CALCULATOR AND ACCESSORIES & PAY FOR YOUR ORDER USING CREDIT OR DEBIT CARD
- STEP 4:** DELIVERY TO THE SCHOOL WILL BE APPROXIMATELY 2 WEEKS AFTER THE CLOSING DATE AND DISTRIBUTED BY THE HEAD OF MATHEMATICS

- ☐ **TI84PLUSCE NEW (GRAPHICS CALCULATOR) - \$185 gst inclusive**
- ☐ **TI84PLUS (GRAPHICS CALCULATOR) - \$155 gst inclusive**
- ☐ **PROTECTIVE PADDED CASE - \$5.50 gst inclusive**
- ☐ **CX ADAPTOR – \$8.50gst inclusive**

**PLEASE SEE CONDITIONS BELOW:**

- 2 YEAR REPAIR/REPLACEMENT WARRANTY (BROKEN SCREENS NOT INCLUDED)
- PLEASE KEEP PROOF OF PURCHASE FOR WARRANTY PURPOSES.
- COMPANY POLICY: NO REFUNDS GIVEN FOR INCORRECT PURCHASES.
- PLEASE NOTE ONCE THE PORTAL EXPIRES YOU WILL NEED TO ORDER DIRECTLY FROM OUR WEBSITE AND PAY THE NORMAL RETAIL PRICE PLUS A DELIVERY FEE OF \$14.95inc (SENT VIA TOLL PRIORITY COURIERS)

**IF YOU HAVE ANY QUERIES PLEASE CONTACT LAUREN BY PHONE OR EMAIL**

**PH: 1800 998 424 FAX: 1800 818 171**

**EMAIL [lauren@abacus.com.au](mailto:lauren@abacus.com.au)**

Please refer to our website for full terms and conditions.



**SIBLING DISCOUNT**

The Catholic Education Office offers a discount on Tuition fees to siblings who are attending St Mary MacKillop College and one or more of the following schools:

- ☐ Merici College
- ☐ St Clare's College
- ☐ St Francis Xavier College
- ☐ St John Paul College

If you have a student attending any of the above Colleges, as well as having a student at St Mary MacKillop College, please complete the section below and return it to the Accounts Office for the sibling discount to be applied to your account in 2016.

**Please note that you do not need to fill in the form below if all siblings are attending St Mary MacKillop College as they automatically receive the sibling discount.**

If you have any concerns regarding this matter, please contact the Fees Manager on 6209 0147.

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NAME: \_\_\_\_\_

Address: \_\_\_\_\_

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STUDENT'S FULL NAME	SCHOOL ATTENDING IN 2016	Year Group 2016

PLEASE RETURN THIS FORM TO THE ACCOUNTS OFFICE **BY 11 December 2015**

# Parenting *ideas* INSIGHTS

## Building parent-school partnerships

WORDS Michael Grose

### 7 ways to help you be on top of your parenting game

Effective parents equip their children with the skills, know-how and values they need to stay safe and be successful. These seven ideas will help make sure your parenting reflects the times in which we live.

Everyone wants to be the best parent they can be, yet it can be confusing knowing just what to focus on. Here are seven ideas that reflect current trends and needs and will help you be on top of your parenting game:

#### 1 Give the gift of restraint

At a time when kids receive so much it's easy to forget that restraint is a virtue. Just because you can afford to give children and young people what they want, doesn't mean you should. Differentiate between a want and a need, and encourage restraint, goal setting and saving.

#### 2 Build your developmental knowledge

Lucky you have two eyes, as you need to keep one parenting eye on meeting kids' current needs and the other on preparing them for the next stage of development. If starting or leaving secondary school is a year away then start thinking now about how you can make sure your child or young person is ready for the next phase of their life.

#### 3 Reinforce self-regulation

*"You waited your turn! Great stuff!"*

*"Thanks for packing away the toys without being told." "Good on you for staying in bed when you*

*woke up rather than coming to our bedroom and waking us up."*

A child's ability to self-regulate behaviour (like the ability to self-soothe and self-occupy) is highly underrated, and doesn't come naturally to all kids. That's where consistent parenting using visual management and behavioural consequences comes in.

#### 4 Practise digital parenting

The most tech-savvy generation ever raised needs digitally-aware parents. The internet is fun and it's here to stay, but it can pose risks for some kids. Digital parenting means providing guidelines for safety without limiting children's opportunity to learn and communicate in the online world. It also requires you to understand the digital world that your kids inhabit.

#### 5 Develop character strengths in kids

Recent studies (most notably the work of US-based Angela Duckworth) have found that character, not cognitive ability, is the single most reliable determinant of how a person's life will turn out. The traits associated with success include the inclination to persist at boring

or difficult tasks (**grit**), the ability to delay gratification (**self-control**) and the ability to follow through with a plan (**conscientiousness**).

#### 6 Practise reciprocity

The best families, like the most meaningful communities, are built around the principle of reciprocity. *"We help each other out and we treat each other fairly"* builds belonging and forges greater kinship between siblings. Start by getting kids of all ages to help out at home without being paid.

#### 7 Encourage social risktaking

One in three children are risk-adverse when it comes to meeting new people and entering new social situations. Social media removes risk for these kids, yet it's not the answer. Use a variety of strategies ranging from **scaffolding** (baby steps), **practising** meeting and speaking to new friends and **modelling** social risk taking yourself to encourage kids to continually refresh their social networks.

Pick one or two of these ideas, or your own parenting idea, to focus on over a month. Once you've mastered one idea then move on to another, so that you are constantly improving and being up-to-date as a parent.

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Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at [parentingideasclub.com.au](http://parentingideasclub.com.au). You'll be so glad you did.



[parentingideas.com.au](http://parentingideas.com.au)

