



13 June 2013

**IMPORTANT DATES**

JUN  
MONDAY  
**17**

• Senior Exams commence

JUN  
MONDAY  
**24**

• Year 7 Camp (Group 1) Departs

JUN  
WEDNESDAY  
**26**

• Year 7 Camp (Group 2) Departs

JUL  
MONDAY  
**01**

• Year 11 2014 Parent Information Session



## PRINCIPAL'S LETTER

### MacKillop: a Catholic pathway for Cooma

I am delighted to advise the MacKillop community that finally we are building a Catholic education pathway for families who are looking for a school beyond Year 10 at St Patrick's High School or other schools in the Cooma area.

Senior students and staff accompanied me to Cooma in late February and met with Year 10, the Parents Advisory Board, and the parents. This was followed up by a visit to our Isabella Campus by the Year 10 students from St Pat's. Happily, this has led to 21 Year 11 2014 applications for enrolment from families in Cooma. This interest will ensure a free, direct bus to our Isabella Campus and add to our Year 11 cohort next year a richer, more diverse flavour. The College can easily accommodate a number of new students into the year group.

For too long, Cooma families have been denied a Catholic pathway beyond Year 10. St Mary MacKillop can now work to meet these students' needs and warmly welcome them into our community. Now we can be even more authentic when we claim to be Catholic school that welcomes everybody!

### Grace and Yash: MacKillop's Principals for a Day

The Principals Australia Institute, an organisation that serves to meet the professional development of principals across all school sectors, has initiated the student Principal for a Day program to highlight the work of school leaders. Three schools in the ACT responded and MacKillop was one of them.

Grace Vincent and Yash Bhosale, both of Year 12, got to spend the day with me. The agenda was typically full, with staff briefings, curriculum meetings, classroom visits, meetings with Gai Brodtmann MP, and executive affairs of the Catholic Secondary Principals Association, the National Catholic Education Council, and the Bishops Conference for the Inclusion of Women. The day finished with a radio interview on Drive at the ABC Studios.

Grace and Yash will write a review of their day and will have something to say during assemblies next term. MacKillop will participate in the program next year, fostering an interest in teaching, school leadership, and the MacKillop community.

Yours in St Mary MacKillop,

MICHAEL LEE  
PRINCIPAL

## PRINCIPAL'S PRAYER

Lord, we give thanks for those who have passed on to us the gift of faith.

Amen.

## TERM DATES

JUL  
FRIDAY  
**05**

• Last day of Term 2

JUL  
MONDAY  
**22**

• Term 3 begins



## Term 2 School Fees.

Fees for Term 2 should now be finalised unless paying by Direct Debit or other approved arrangement.

Any outstanding fees should be paid immediately.

If you require more information regarding Direct Debit arrangements or other approved payment methods or are experiencing difficulty paying the fees please contact the Fees Office.

*Michelle Predovan, Fees Manager*

## ACT Secondary Bursary Scheme.

The ACT Government's Secondary Bursary Scheme provides assistance to low income earners in the ACT with dependent full-time students.

Eligibility requirements and application forms are available online at <http://www.det.act.gov.au> and by following the links located at the top of the home page - School education/starting school/financial assistance for families.

For further information please ring the Bursary Administrator on 6205 9300.

*Michelle Predovan, Fees Manager*

## Future Stars!

Jasmine and Hunter Dinning (Year 9 and Year 7 respectively) have both qualified for the GKR Karate World Titles in July after their individual successes at national level. Jasmine won a Bronze Medal in Kumite (sparring) and Hunter won Gold Medals in Team Kata and individual Kata.

Josh Brussow and Bradley Jones (Year 7) have been selected for the ACT U12 Rugby League Team and will travel to Perth in August to compete in the National Championships.

Josh Rowcliffe (Year 12) has been selected in the (U18) Senior ACT Schoolboys basketball team for the Australian Schools Basketball championship in Perth in August.

Ethan and Malcom Long (Year 7) have been chosen for the ACT U12 Hockey Team.

## Trivia Night.

St Mary MacKillop College is hosting a Trivia Night to fundraise for our House charities. This year the charities include the Canberra Hospital, Affirm, Headspace and New Hope for Cambodian Children. Each House adopts one of these charities and raises money throughout the year with a donation to each charity at the end of the school year. To help the students raise money for their House charities the College is inviting parents, friends and community members to a Trivia Night. Come along for a great night of fun and laughter.

When: 6.30pm, Friday 21 June 2013

Where: Southern Cross Club Tuggeranong, Cnr Pitman & Holwell Streets Tuggeranong ACT 2901

Cost: \$20 per person, \$180 for a table of 10. Tables of 10 must be made as a table booking to receive discount. Includes finger food

RSVP: Monday 17 June 2013

Booking and payment can be made at the front office of the Wanniasa Campus. Payment is to occur at the time of booking.

For more information about the night please contact the College on 6209 0100. Let's make it a great night for our community!

For information about each house charity please visit:  
<http://www.canberrahospitalfoundation.org.au/home/>  
<http://www.affirm.org.au/>  
<http://www.headspace.org.au/>  
<http://www.newhopeforcambodianchildren.com/>

## NAPLAN Survey.

A reminder to parents and carers that a note went home last week asking for permission to survey students about their preparation for and perception of NAPLAN. Please read the information attached and return the form to PC teachers ASAP.

*Maria O'Donnell and Clare Fletcher  
Teaching and Learning Coordinators*

## Senior Studies.

In 2013 St. Mary MacKillop College has undergone a large number of personnel changes in the area of Curriculum. We have two staff new to Senior Curriculum Coordination, we have three faculties taking on remnants of the old Information Technology Faculty, we have a change in Senior Studies Coordination and Teaching and Learning Coordination, we have a new Campus Head and a new Assistant Principal in Curriculum! As a consequence, much valuable corporate knowledge is not as readily accessible as it once was.

This was evidenced when the College discovered our calendar suggested Parent/Teacher Interviews for Years 11 and 12 on Thursday 25 July when we had already conducted interviews on Wednesday 1 May. It turned out that all parties involved in determining Parent/Teacher evenings were no longer at the College. After some investigation it appears that the early Term 3 interviews were being considered as an alternative to the early Term 2 Interviews, but not in conjunction.

As a consequence we have made the decision to alter the College calendar so that the Parent Teacher Interviews that were scheduled for 25 July have been moved to Wednesday 11 September where the Year 10 cohort were scheduled to have their interviews. We wish to apologise for the late alteration to the Calendar. Should you have any concerns with apparent anomalies like this or anything else regarding the College we would love to hear from you.

*Colby Cruwys, Senior Studies Coordinator*

## Isabella News With Mrs White

### Exams

Senior Examination timetables have been issued to all students.

Parents can assist students by minimising part time work and sporting commitments for students during the next fortnight. Healthy eating and at least nine hours sleep each night are recommended by the experts in adolescent health to ensure productivity and achievement. Late night study is simply not effective.

### Well being and safety Pastoral Program

In Pastoral Program at Isabella, Years 10 explored the positive side of YOLO (You Only Live Once). Year 11 focused on avoiding exam stress through planning, preparation and practice. Patrick Kelly from the Australian Federal Police's Cyber Crime Prevention unit spoke to Year 12 students about care and protection of their online identity on social media, dating and shopping sites. Possible employer access and online fraud were key areas for discussion.

Parents and students are reminded that they are able to nominate or be nominated for participation in the senior Seasons for Growth program for students suffering loss and grief in Term 3. Please contact Pastoral Coordinators or Mrs White if there are questions or concerns.

### Public Speaking Competition

The Parliament of Australia My First Speech Competition is a great way for students to speak about issues they are passionate about. Available to students in Years 10-12, the competition asks students to imagine themselves as a newly elected member of the House of Representatives. The task is to write a three-minute speech about issues the students is passionate about and then record the speech on video. Winners will be invited to deliver their speech during Parliament House Open Day on 24 August, 2013. Entries close Friday July 26, 2013. The winner receives a cash prize of \$750 (\$250 to the students and \$500 to the school). The runner up will receive a cash prize of \$350 (\$100 to the students and \$250 to the school). All students are encouraged to participate.

### Vinnies Winter Appeal

Vinnies Winter Appeal was launched at last week's assembly by Grace Wilkinson. Students in each PC class have been challenged to contribute to buy a good quality blanket. The aim is to raise at least \$100 in each PC class; if everyone donates a little, the blankets can be bought and then donated to those who need them most. Parents are also welcome to contribute.

### Principal for a Day

Year 12 students Grace Vincent and Yash Bhosale shared their day with Mr. Lee on Thursday as they participated in Principal for a Day. Their activities included campus visits to classes, a visit to St. Clare of Assisi Primary School, an enrolment interview, a meeting with the member for Canberra, Gai Brodtmann at Parliament House and a radio interview with Ross Solly at the ABC. Grace commented: "It was really different to what I thought it would be; it was good to see a different perspective of life at the college. It was really busy. I liked the visit to the Primary School; it was interesting to see how closely we're involved with the Primary Schools."

# Community News.

## Padua Class of '83 Reunion

A reunion is planned for the Class of '83 in November 2013. The organising committee is trying to locate ex-students who would have completed Year 10 at Padua in 1983. This includes students who may have left a little earlier as well as any teachers who had the pleasure of educating us! Please contact Kerrin Hardie (Prout) on 0404 462 292, kezzah68@gmail.com, or on facebook: Padua High Wanniasa Class of '83.

## Calwell Swans AFL

The Calwell Swans have a few spaces on their 2013 roster for players aged 4-13. All first year players receive free shorts and socks! Register today at [www.calwellswans.com.au](http://www.calwellswans.com.au) or email Mark at [calwellswans@gmail.com](mailto:calwellswans@gmail.com).

## An Invitation to Joy: Come and Listen!

MacKillop teacher Gerald Scerri helps to run this catechesis program for adolescents and adults. All that is required is that you come and listen! The program begins on 1 July at St John Vianney's Parish Hall in Waramanga. The sessions run on Monday and Thursday nights at 8pm. For information, transport or babysitting, please call Tania on 6288 9868.

## PROJECT ROCKIT

APFACTS presents PROJECT ROCKIT, a series of workshops to empower parents with new and in-touch strategies for dealing with cyber bullying as well as practical tips for preventing and reacting to harm.

Parent workshop dates and times are:

- Monday, 17 June @ Radford College 6-7.30pm
- Tuesday, 18 June @ Canberra Girls Grammar 6-7.30pm
- Wednesday, 19 June @ St Thomas The Apostle primary school 6-7.30pm
- Thursday, 20 June @ Emmaus Christian School. 5.30-7pm

Spaces for Parent Workshops are limited. To book a ticket, please go to [www.apfacts.org.au](http://www.apfacts.org.au).

## The Marvellous Land of Oz Performance

Ever wondered what happened to Dorothy and her friends after her first visit to Oz? Now is your chance to find out! MacKillop Year 8 student Natasha Brittain will feature in the Child Players ACT production of *The Marvellous Land of Oz* during the July school holidays.

The show will be performed at theatre@bcs, Belconnen Community Centre, Swanson Court Belconnen at 10.30am and 2pm on 11-13 July and 17-20 July. Call 6257 1950 or visit [www.canberrarep.org.au](http://www.canberrarep.org.au) for tickets.

## Capital Spirit DrillDance

Capital Spirit DrillDance is looking for new members to join its U12, U17 and Senior teams. For more information, contact [canberradrilldanceclub@outlook.com](mailto:canberradrilldanceclub@outlook.com).

## My Way recharge at Calwell Shops

My Way has arrived at Calwell Shopping Centre thanks to the South East Tuggeranong Residents Association, and the ACT Government. My Way will be available from 7am to 8pm Monday to Sunday and you can now 'top up' your MY WAY at the Calwell Post Office and Video Shop.

# Wanniassa News

With Mr McNicol

## AFP Cyber Safety presentations

As a part of the Term 2 Pastoral Program on the Wanniassa Campus, students in Year 7 and 8 are being spoken to by the Australian Federal Police about using social media responsibly and the laws surrounding these forms of communication.

AFP Cyber Safety presentations are delivered by the High Tech Crime Operations (HTCO) Crime Prevention team. They seek to educate students on some of the risks encountered online with the aim of having fun whilst staying safe online. The talks incorporate videos to sensitively explore issues of sexting and online grooming, encouraging children to speak with a trusted adult and to report suspect behaviour using the "report abuse" button. The talks also highlight the importance of protecting one's identity and reputation, and cover other important topics such as cyber-bullying, safe social networking and digital footprints.

The Parentingideas article in this edition of the newsletter offers some online safety strategies that parents can use with their sons and daughters.

## Status Awards

Congratulations to the following students who have this week been presented Bronze Status at the Wanniassa Campus Assembly: Connor Ingram (8E1), Abbey Murdoch (8F3), and Connor Wende (8A2).

## Athletics Carnival Attendance

The recent College Athletics Carnival was very well attended by all students. 86 per cent of students from Years 7, 8 and 9 were present and the participation in events and the House Spirit displayed was unprecedented. Congratulations to students in the following PC Classes who earned a pizza lunch for having the best attendance in their cohort:

- Year 7 - 7A1 and 7A3 (both 100% attendance)
- Year 8 - 8W2 (100% attendance)
- Year 9 - 9F2

## ACTION School Bus Services

The ACTION school bus service 665 has had a change made to its operation that will come in to effect from 17 June 2013. This Service will now be starting 5 minutes earlier at 8.02am.

Bus 662 will no longer be servicing the Wanniassa Campus.

Students and parents are advised to check ACTION's website for further information about school services including times and route descriptions.

## Parentingideas

This week's article discusses how social media sites have taken cyber bullying and harassment to a new level. *Keeping kids safe in a cyber world* provides a guide for parents on how to keep young people safe when online.

## Brad Smith Presentation

On Friday 21 June, all students on the Wanniassa Campus will have a presentation by Bradley Smith. Brad engages as a speaker professionally and is currently on a National Tour. Brad has been Young Australian of the Year (Tasmania), twice won the Australian Young Entrepreneur of the Year and founded the business *braaap*.

Brad will share the story, skills, tools and strategies he used to turn the passion he had for his chosen sport into a backyard business while still at high school, and to then grow it into an Award winning, multi-million dollar company as a teenager. Brad engages students by using the *braaap* journey as a metaphor to inspire students to create their own vision for the future, enabling them with tools to grow into that person and leaving them empowered to take real action.

## Week 19 Activities

In Week 19, students will at some stage of the week engage in alternative program of learning activities.

Year 7 will head off to Collaroy for the annual Year 7 Camp. As students in Year 8 - 12 can attest, the Year 7 camp is a positive and memorable experience involving participation in a variety of activities. The camp provides an excellent opportunity for students to further get to know each other and enjoy a diverse range of experiences away from the formal school setting. Thanks in particular to Year 7 Coordinators Mrs Kate Durham and Mr Phil Belcher for the many hours of preparation that has gone into ensuring the camp is a great success for all involved. Thanks also to the 17 other staff who will be supervising the students on camp. It is a big ask for teachers to leave their families, provide work for classes that they will be absent from teaching at the College and provide around the clock supervision of students. Mindygari (Air) and Meup Meup (Fire) Houses will be on camp from Monday 24 June until Wednesday 26 June, while Gurabang (Earth) and Ngadyung (Water) Houses will leave for camp on Wednesday 26 June and return on Friday 28 June.

Year 8 students will participate in a program run by Coastlife aimed at enhancing cooperation, leadership and team work. The team initiative activities conducted on the Wanniassa Campus are designed to build trust and break down artificial barriers between individuals encouraging cohesion, problem solving and peer leadership.

Year 9 will commence their Transition Program to the Isabella Campus on Wednesday 26 June. Accompanied by their Year 9 PC Teachers, students will be presented with information about elective courses that will be offered to students in Year 10 and which will best prepare them for a variety of senior study options. It is an invaluable opportunity for the students to become familiar with the Isabella Campus.

On Thursday 27 June, Year 9 students will participate in a program of activities on the Wanniassa Campus. Half of the day will consist of a leadership program led by Rising Generations. For the other half of the day students will engage in presentations facilitated by the College's Vocational Education Coordinator, Mrs Karen Hundy.

*Lachlan McNicol, AP Pastoral Care (Wanniassa)*

# INSIGHTS

by Michael Grose – No. 1 parenting educator

parentingideas.com.au

parentingideas.co.uk

parentingideas.co.nz



## Keeping kids safe in a cyber world

Social media sites have taken cyber bullying and harassment to a new level. Here's how to keep your kids safe when online.

Cyber bullying is one of the biggest, safety issues facing young people today. Bullying and harassment online is now commonplace. For instance, over a third of teenage girls have been sexually harassed via the Internet.

The emergence of social media sites has seen cyber bullying go to a new level. Messages and images can now spread like wild fire reaching a huge potential audience in the time it takes to upload an image or shoot off a text message.

Once the family home offered young people an escape from schoolyard bullies. Now the cyber world is so invasive that their bedrooms offer no guarantees of safety any more.

The cyber world is enticing. Young people have always wanted to escape from their parents' world. In the past they hung out in shopping centres and pool halls. Parents tried their best to keep an eye on where their children were and what they were doing.

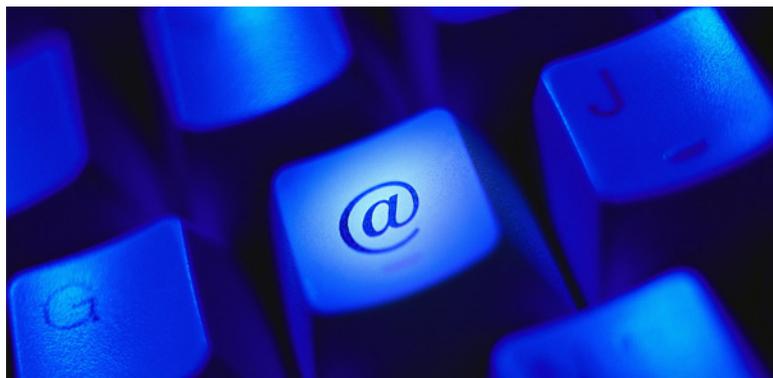
The online world is now the shopping mall of the 21st Century. Parents have the same responsibility to help kids stay safe in the online world as they do in the real world. 'Stranger danger' and accompanying safe behaviours are just as relevant in the online world as they are in the real world.

Parents should use the same offline preventative strategies to maximise their children's online safety as they've always used. These strategies include: teaching children about the right way to behave online; don't let them spend all night in the cyber world; and ask questions about what they are doing and where they go when they're online.

Parents need to remind kids that things in the online world can spin out of control very quickly. A written message or an image can be circulated electronically so rapidly that the scope and scale of cyber bullying can be greater than any other form of bullying.

The following seven key messages form the basis of an online safety strategy for kids. They should be taught to kids so they become second nature, just as the messages about stranger danger were absorbed by an earlier generation.

**1. Respect others.** Make kids aware that what they send can offend. Discuss with kids the types of messages and images that can cause harm to others when sent. Teenagers often walk a fine line with what they do and say to each other offline, yet it's relatively harmless. The same type of behaviour online however can be a different story.



**2. Think before you send.** Remind kids cyberspace is a very public and permanent forum. A text message or image sent to just one person can be passed to a potentially unlimited number. Once they are sent they're almost impossible to erase and take back.

**3. Treat online passwords like your house key.** Teach kids to keep passwords guarded at all times. Young people can be incredibly trusting of each other, which is to be encouraged. However there are some things, such as online passwords that they don't share, not even with their best friend.

**4. Block bullies.** Teach kids to block bullying messages. They can filter out messages and addresses online. Similarly, they can block text messages from bullies as well.

**5. Don't reply to harassment.** Bullies can retain proof of your response, which can further be spread around. Besides responding to bullying behaviour often simply encourages the bully to continue.

**6. Save the evidence.** If kids are bullied they should keep the pictures and offending messages. These can be used as proof if the bullies are brought to justice.

**7. Tell someone.** The insidious part of bullying is that kids on the receiving end often don't seek help, as they think there's something wrong with them. Talk with kids about going to a trusted adult, when they feel their rights or safety have been violated. They should with your help report online bullying to the appropriate service provider.

Sticking the proverbial head in the sand regarding kids' use of communications technology is no longer an option for parents. Savvy parents need to learn as much as they can about children's and young people's online lives so they can respond to situations appropriately.

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# ST MARY MACKILLOP COLLEGE CANBERRA TRIVIA NIGHT



**6.30PM FRIDAY 21 JUNE 2013**  
**TUGGERANONG SOUTHERN CROSS CLUB,**  
**CNR PITMAN ST AND HOLWELL ST, TUGGERANONG**

**\$20 PER PERSON OR \$180 FOR A TABLE OF 10**  
**(BOOK AS A TABLE TO RECEIVE DISCOUNT)**  
**PARTICIPANTS MUST BE OVER 18**



**BOOKING AND PAYMENTS THROUGH THE FRONT OFFICE**  
**(WANNIASSA CAMPUS ONLY)**  
**BOOKINGS ESSENTIAL BY MONDAY 17 JUNE 2013**

**PAYMENT REQUIRED AT TIME OF BOOKING**  
**FINGER FOOD PROVIDED**  
**ALL PROCEEDS GO TOWARDS THE 4 HOUSE CHARITIES**



**LUCKY DOOR PRIZE, RAFFLES, PIC A PIC,**  
**HEADS AND TAILS, GAMES,**  
**MAJOR PRIZES AVAILABLE AND VARIOUS THEMED ROUNDS**