

College

Newsletter



MacKillop

St Mary MacKillop College Canberra



Volume *Ten*

12 August 2022

Coming

Up

MON 1 5 A U G

- Science Week

THU 1 8 A U G

- Moderation Day (Pupil-Free Day)

MON 2 2 A U G

- Book Week

THU 0 1 S E P

- Year 7-10 PAT Testing (Spelling)

TUE 0 6 S E P

- Year 12 AST Breakfast
- Year 12 AST

WED 0 7 S E P

- Year 12 AST

FRI 0 9 S E P

- Pupil-Free Day

TUE 1 3 S E P

- MacKillop Day

FRI 1 6 S E P

- Spring Zing



Principal's Letter

Principal's Prayer

Lord, we pray for our leaders as they navigate in good faith toward Reconciliation in this country. Amen.



Dear parents, teachers and students,

Year 12 Retreat

Last week Year 12 climbed aboard buses at 9am and travelled to Collaroy in Sydney (1 toilet stop) for their two-and-a-half-day retreat. Year 12 Retreat is really just like Year 6 camp only you're older and you have done everything that you have done in Year 6. Really it is the first of the last things that happen to our graduating class ably organised by Ms Leonie Sullivan, fully supported by the Year 12 pastoral team and senior staff of the school (please note I had almost nothing to do with this).

Year 12 spent time in reflection, mutual support and affirmation, eating, beach games and even a disco. I would like to congratulate every student for what they brought to the success of this community event and every teacher who helped make it possible. A particular thanks to Fr James Antony, College Chaplain and Parish Priest of Corpus Christi, for making the journey to Collaroy and celebrating Mass with the group.

Awards Assembly

Over the last week awards assemblies have been held on both campuses recognising the achievements and effort of many students based on the first semester. Thank you to the media team of Samantha Thomas and Harry Hattch who provided a recording for families and friends who are still unable to come to such events. I would like to acknowledge the recipients of all awards for the energy that they brought to academic and community events last semester. The high number of students receiving awards reflects well on the educational priority of MacKillop and the engagement of the students. Congratulations!

Parents watching the Padua campus assembly would have heard Ava Fradgley who provided a piano recital on one of the school's new grand pianos purchased last year. It was good to see this splendid instrument beautifully played for the enjoyment of all.

Yours sincerely in St Mary MacKillop,

A handwritten signature in black ink, appearing to read 'Michael Lee'.

Mr Michael Lee
College Principal





Awards Assembly

The College held its Semester 1 Awards Assemblies over the past two weeks, with the Padua Campus Awards held on 3 August, and the St Peter's Campus Awards held on 10 August.

The Awards Assemblies acknowledge the achievements of MacKillop students across the whole school for their hard work in Semester 1. It was attended by all College students and staff and filmed for parents to view after the event.

The Assembly commenced with an address from our Principal, followed by the presentation of a range of Academic, Application, Faculty and Community awards.

The College congratulates all recipients on their achievements in Semester 1 of 2022!





Year 12 Retreat

Year 12 retreat was an excellent opportunity for bonding and reconnecting with friends and classmates. With a 9:00am departure on 3 August, the Class of 2022 left for Collaroy.

When we arrived at Collaroy we began with some PC competitions to win the first servings of dinner; these competitions included cup pong and juggling. Before dinner, as a year group, we engaged in Mass with Father James followed by an affirmation activity. This involved creating a personalised envelope with our names and the opportunity to write positive affirmations to one another throughout the duration of the Retreat. During the evening, we had a presentation from Mr Lee including a Q&A session.

On day two, we had the option of waking up early to visit the beach and watch the early morning sunrise before breakfast. We then engaged with our PC classes for the morning where we examined the Beatitudes and reflected on the attributes and strengths of all class members. We also used this opportunity to reminisce over memories we've built together. Our adventure of day two ended with helpful and engaging advice from Ms Sullivan and learning our graduation dance to Uptown Funk.

On day three, our experience at Collaroy ended with us collecting our envelopes full of letters from our classmates and eating morning tea before the journey home. Overall, the Year 12 Retreat was a once-in-a-lifetime experience that allowed us to get to know our year group on a deeper level. We connected and bonded with each other over shared experiences throughout our time at MacKillop and began our journey to graduation.

Kiara Green & Isobel Stibbard • Year 12



ASSESSMENT PLANNER - TERM 3 (SEMESTER 2)					ASSESSMENT PLANNER - TERM 4 (SEMESTER 2)				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1: 18 Jul	19 Jul	20 Jul	21 Jul	22 Jul	Week 11: 10 Oct	11 Oct	12 Oct	13 Oct	14 Oct
PUPIL-FREE DAY	TERM BEGINS				TERM BEGINS		Food test		
Week 2: 25 Jul	26 Jul	27 Jul	28 Jul	29 Jul	Week 12: 17 Oct	18 Oct	19 Oct	20 Oct	21 Oct
								Science due	
Week 3: 1 Aug	2 Aug	3 Aug	4 Aug	5 Aug	Week 13: 24 Oct	25 Oct	26 Oct	27 Oct	28 Oct
					SOSE due				
Week 4: 8 Aug	9 Aug	10 Aug	11 Aug	12 Aug	Week 14: 31 Oct	1 Nov	2 Nov	3 Nov	4 Nov
			English due				STEM assessment		
Week 5: 18 Aug	19 Aug	20 Aug	21 Aug	22 Aug	Week 15: 7 Nov	8 Nov	9 Nov	10 Nov	11 Nov
Maths test	SOSE research paper due	Food task			Maths test				
Week 6: 22 Aug	23 Aug	24 Aug	25 Aug	26 Aug	Week 16: 14 Nov	15 Nov	16 Nov	17 Nov	18 Nov
		Hairnet speaking task				Food task			Science exam
Week 7: 29 Aug	30 Aug	31 Aug	1 Sep	2 Sep	Week 17: 21 Nov	22 Nov	23 Nov	24 Nov	25 Nov
Religion creative due		English due		STEM assessment	Religion creative due			Italian speaking test	
Week 8: 5 Sep	6 Sep	7 Sep	8 Sep	9 Sep	Week 18: 28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
	SOSE in-class essay								
Week 9: 12 Sep	13 Sep	14 Sep	15 Sep	16 Sep	Week 19: 5 Dec	6 Dec	7 Dec	8 Dec	9 Dec
Science research task				Italian class essay					TERM CONCLUDES
Week 10: 19 Sep	20 Sep	21 Sep	22 Sep	23 Sep					
Maths due				TERM CONCLUDES					
Health test									

Student Mentoring

Setting up for success

Taking the time early in the semester to review academic performance, adapt goals and organise the Student Assessment Planner is critical in providing the students with the opportunity to be successful.

Recently all students on the St Peter's Campus have had this opportunity, along with engaging with individual conversations focused on support, accountability and direction to achieve their goals.

Students at the Padua Campus will undertake this process in the coming week and will be introduced to the concept of self-determination theory; a theory that informs individual motivation levels.

Parents are encouraged to assist the Student Mentoring process by reviewing the Assessment Planner in the Student Diary with their child, encouraging their child to meet assessment deadlines and working in partnership with the College to promote each child's personal best achievement.

Paul Durham • Assistant Principal, Pastoral Care

Senior Exams

The Senior Exam period is scheduled for **Monday 14 November – Monday 21 November**. We ask that parents, carers and students observe these dates as a commitment to the final assessment of the calendar year for our Year 11 and 12 students and do not make arrangements for other activities during this period.

Assistance with work

Students have access to a range of supports to assist them with their studies. On both campuses, students have access to after school assistance in the Learning Commons by asking their teachers for help at recess or lunchtimes, and during study lines.

If students experience continual issues with learning in a particular learning area, please make contact with the class teacher or faculty coordinator in the first instance.

Assessment Conditions

Students are reminded that technological failures are not an acceptable reason for late assessment. Students are also reminded to back their work to the school student drive. This drive is backed up each day, and as such is a reliable repository of student work.

Maria O'Donnell • Assistant Principal, Academic Care

Maths Club in the Learning Commons

Do you need help with maths? Do you have an assessment coming up? Would you like to revise with students in your year level? Then join us at Maths Club every **Tuesday and Thursday from 3.20pm to 4.20pm**. See you there!

Anna Keppel • Mathematics Coordinator

Year 11 Essential Maths

Year 11 Essential Mathematics students are putting their paper plane making skills to the test! In their current unit on Data Collection, students are creating paper planes using papers of different thicknesses for their assignment.

These are being thrown multiple times with results recorded. Once data is collected, they will analyse the data and decide which paper thickness is the best for a paper plane!

Dylan Watt • Mathematics Coordinator





Australian Mathematics Competition

In Week 3, a number of MacKillop students in Year 7 through to Year 11 participated in the Australian Mathematics Competition in their respective Junior, Intermediate, and Senior divisions. This year we had 89 students participate in the competition at Padua, with 59 students participating at the St Peter's Campus.

The Australian Mathematics Competition is an engaging problem solving competition where students can demonstrate and apply their knowledge to solve unconventional Mathematical problems. Students are presented with 30 problems of increasing difficulty designed to enhance their reasoning skills and interest in Maths.

We congratulate these students on their participation and wish them well in their future journey with Mathematics.

Anna Keppel & Dylan Watt • Mathematics Coordinators



Student Reflections after the Competition

"Participating in the AMC was an interesting and unique challenge, requiring skills which aren't in other tests" – **Patrick Dunn • Year 11**

"The AMC was a great opportunity for me to compete against my friends, and practise out-of-the-box creative thinking" – **Ari Gilchrist • Year 11**

"Competing in the AMC was a challenging but rewarding experience. It required a diverse skill set and knowledge in many areas of Mathematics" – **Lucas Murray • Year 11**

"The AMC was an enjoyable but challenging activity. I can't wait to receive my results" – **Hamish Williamson • Year 11**



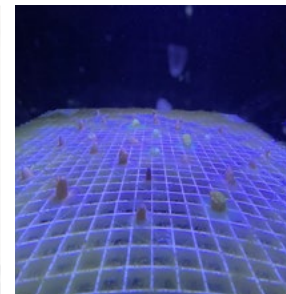
Earth And Marine Science Day at ANU

On Friday 22 July, 12 students in Year 9 attended the Research School of Earth Science at the ANU for a Science Day. The day was designed to **encourage girls to get involved in all aspects of Earth and Marine Sciences.**

During the day we created Earthquakes and a timeline of the Earth, studied rocks and their stories, created waves and currents/rips, learnt about the day the dinosaurs died, looked at rock cores extracted from the ocean, identified coral and were introduced to courses on offer at the ANU. The main branches of Science we participated in were Geology, Seismology and Marine Biology.

It was a great opportunity to meet girls from other schools and make new friends. The staff from the ANU provided us with lots of information about future careers in Earth and Marine Science. We really enjoyed the day and hope we can participate in more opportunities.

Charlotte Valois • Year 9





Life Drawing

Life drawing is running again this year at the Tuggeranong Arts Centre. Classes are primarily for our senior Visual Arts students who wish to extend their drawing skills and experience. These sessions are run by our own Visual Arts teachers and are open to MacKillop staff to attend as well.

Our first session for the term was very well attended and students and staff alike enjoyed the opportunity to take some time out and experience a unique drawing environment.

Tamara Murdoch • Visual Arts Coordinator





French Exchange

At MacKillop we are very fortunate to have a range of international partnerships which enrich our College community. From the 26 May - 25 July we were blessed to see our international relationship resume with our sister school in Le Havre, France with three wonderful students joining us from Institution Saint Joseph's; Raphaël, Léonie and Amaury.

During their time with us they embraced life as a MacKillop student where they joined in on a range of classes, visited the sights of Sydney on Urban Challenge and participated in a range of other uniquely Australian experiences thanks to the incredible generosity of their host families. A huge thank you goes out to these families who welcomed our exchange students into their homes and worked tirelessly to ensure this was a once in a lifetime trip which they will treasure forever!

"Our host families were amazing, incredible, so kind! Thank you, thank you so much for everything" - Léonie, Raphaël and Amaury

Hosting an international student is a rewarding and enriching cultural experience which can broaden horizons and develop long lasting connections. If you would be interested in becoming a host family for future exchanges please email tara.williams@mackillop.act.edu.au

Tara Williams • Project Officer, International Programs



After School Sport

Come along for Thursday afternoon sports 3:30-4:30 in the Padua Gym. After school sport is led by Year 12 students for all Year 7-9 students to have some fun, learn new skills and meet new people. Permission notes are available on the College Sport Canvas page.

9/10 Boys Rugby 7s

The Year 9/10 Ruby 7s team competed in the finals competition on Wednesday 3 August and won the competition. Congratulations to all of the boys on their win.

7-9 Girls AFL Final

The 7-9 Girls AFL team played in the final game on Wednesday 27 July and won the game 71-6!!!



Monique Foran • Sports Facilitator

ASC Swimming

Some fantastic results from the ASC Swimming Carnival which was held on Thursday 21 July.

- 2nd 16 & Over 4X50m Freestyle Relay

Grace McCallum 7W1

- 3rd 50m Breaststroke

Karen O'Connor 7A1

- 2nd 100m Backstroke
- 2nd 50m Freestyle
- 3rd 100m Freestyle
- 3rd 100m Butterfly

Nicholas Christian 7F3

- 2nd place 100m Butterfly

James Rice 7F2

- 1st 100m Freestyle
- 1st 50m Backstroke
- 2nd 50m Breaststroke
- 2nd 50m Freestyle

Chloe Fenson 8A3

- 1st 100m Freestyle
- 1st 50m Freestyle
- 2nd 50m Breaststroke
- 2nd 100m Breaststroke
- 3rd 50m Butterfly

Alexander Parnell 10F1

- 2nd 50m Butterfly
- 3rd 50m Breaststroke
- 3rd 100m Breaststroke

Alexander Murray 10A3

- 2nd 100m Breaststroke
- 3rd 100m Backstroke
- 3rd 100m Butterfly

Lucas Murray 11E3

- 1st 50m Breaststroke
- 1st 100m Butterfly
- 1st 100m Breaststroke
- 1st 100m Backstroke
- 3rd 100m Freestyle
- 3rd 50m Backstroke

Kristelle McGowan 11F1

- 2nd 100m Breaststroke
- 2nd 50m Breaststroke

Student Achievement

Lucas Murray (Year 11) has been selected to compete in the ACT School Sport Swimming Championships in Brisbane and NSW State Swimming Championships in Sydney in August.

Kassandra Regala (Year 11) has been selected as ACT state representative (SP) in the U18 Girls Basketball for the 2022 School Sport Australia in Victoria in August.

Lachlan Goodwin (Year 9) is competing in the Pizzey Cup Tennis Championships in Perth in August.

James Rice (Year 7) is representing the ACT at the National AFL Carnival in Adelaide in August.

Chelsea Hogan (Year 7) will be representing the ACT at the U12 Girls AFL National School Sport in Adelaide in August.

Technology

Our Year 10 Automotive class is **in need of some old lawn mowers**. If you have an old lawn mower that you would like to donate, please email john.solari@mackillop.act.edu.au or call **62090164** to arrange a drop off time.

Inspire Art Comp

The Inspire Art Competition is on again! This is MacKillop's annual art competition and entries are due by **Friday 26 August**. Students in Years 7 - 12 can enter an artwork in any medium with any theme - just inspire us! There will be a range of prizes, so get creating! Further information and entry forms are available on Canvas.

Uniform Shop

The Second Hand Uniform Shop will be **closed from 26 August** and will **reopen on 3 October** which is week 2 of the school holidays. This allows time to meet your uniform requirements for the summer change of uniform. Please call/text Judy on 0427 089 370 to make an appointment.

School Fees

Fees for Term 3 should now be finalised unless paying by Direct Debit or other approved arrangement. **Any outstanding fees should be paid immediately.**

Please note camp credits for students on approved leave are on your Term 3 Statement. This includes credits for the cancelled Geography Excursion, Year 7 Camp, Year 8 Camp and Year 10 Urban Challenge.

It is most important that you notify the College regarding any changes to your email address as this is our primary form of communication. If you require more information regarding Direct Debit arrangements or other approved payment methods or are experiencing difficulty paying the fees please contact the Fees Office.

Michelle Predovan • Fees Manager

DCC Snow Gear Hire

A wide variety of snow gear is available for hire for Duntroon Community Centre members: jackets, pants, snowsuits, snow boots and toboggans. The cost is **\$6** per item with a \$50 deposit.

Welcome on **Mon-Fri** between **10-2pm**.

UC Open Day 2022

If you're thinking about university next year, then make sure you join us at **Open Day on Saturday 3 September**.

Explore our campus with a guided tour, meet your future teachers in our Expo Hall or simply discover what student life at UC is like.

There'll also be giveaways, food trucks and meet-and-greet opportunities with the Brumbies and UC Capitals.

Futsal

Do you want to play futsal this Summer? Register early and secure your spot with **Futsal Mania**.

Get a team together and fill in EOI for teams; alternatively register as individuals. Scan the QR code for more info or send an email to futsalmaniansw@gmail.com

It's an awesome program and great fun so don't miss out on this opportunity!

Hurry up - they have limited places!





MacKillop
St Mary MacKillop College Canberra

Contact details



02 6209 0100



info@mackillop.act.edu.au



www.mackillop.act.edu.au



**PO Box 1211
Tuggeranong ACT 2901**



Mackinnon Street, **Wanniassa** (Years 7-9)
Ellerston Avenue, **Isabella Plains** (Years 10-12)



Absentee SMS Line
0429 131 463

Socials



**www.facebook.com/
mackillop.act**



**www.twitter.com/
mackillop_act**



**www.instagram.com/
mackillop_act**



**www.youtube.com/
stmarymackillop**

INSIGHTS

Sextortion on Instagram



Even though Insights is for parents of children of all ages, we sometimes share content that is aimed specifically at parents of older children. This issue is one such example. However, parents of younger children will gain from reading this Insights article, simply because soon your children will be big enough to be utilising social media and online games. Once this happens, whether at your home or at a family member's or friend's home, your child is exposed to risks like those outlined below.

Our children are curious, and potential child predators recognise and prey on this. Recently we have had several disclosures of sextortion. Sextortion is a hybrid of the words 'sexual' and 'extortion.' Sextortion is a serious crime that occurs when someone threatens to distribute your private and sensitive material if you don't provide them images of a sexual nature, sexual favours, or money.

The way this often works is that your child will be approached and targeted through a direct message request from a stranger on their social media platform, such as Instagram. These approaches can also happen on games with chat functions including Roblox and Minecraft.

The most recent case that we referred to the Police was a 16 year old girl that had checked her direct message requests and accepted them (as most teens usually do even though this is very dangerous). Once the connection was made, the sextorter (that is, the new "friend" or "connection") said "If you don't send me a nude in 60 secs I will send this image to your friends and say it is you". They sent her a cropped image of a naked young woman laying on a bed.

The 16 year old responded, saying that she would report them. Again they gave her 60 seconds. The girl responded with some forceful profanities in an attempt to shut down the conversation. The blackmailer went ahead and sent the image through another DM to three boys that were on her friend's list.

The perpetrator had done their research, and they knew the boys lived in the same town as they played sport together and had commented on a recent post the girl had shared. (This is easy to figure out through a public account on Instagram and why setting an Instagram account to private is a must.)

The girl blocked the person doing the sextortion, but messages kept coming through under multiple account names. The girl took screenshots to use as evidence. They were all reported to Instagram and blocked. We notified the Police so that they were aware if the images were shared by other teens who may have believed it was her. They contacted the teens involved who had received the photo and shut the whole situation down very quickly.

As frightening as this is, this is a good news story. The boys knew it wasn't her. They didn't pass things along. The girl blocked the perpetrator. The issue was reported and police intervened.

Nevertheless, this example highlights the enormous and urgent need we have to engage with our children with conversations about the way that they are using social media or online games and other platforms where our children can interact with, and be contacted by, people not known to them. Things you need to discuss with your children include:

parenting*ideas

- That they should never accept DM requests from anyone they don't know. Accepting a DM request from an unknown contact is not safe. Never. Ever
- That they should never share personal details with people they do not know personally. Children are groomed every day by people who are not who they say they are. (E.g., a 47 year-old man pretending to be a 12-year-old boy)
- Tell them to use an alias, and to avoid sharing anything about their location, school, favourite hobbies, or anything else with people on the Internet, even if they think they know who they are talking with
- Ask them to show you the DM request section of their online profiles from time to time. (DM's are usually just from their friends, but the DM request section is almost always from strangers)
- Ask your child to show you how they report and block to be assured that they know what to do when things go wrong
- Make sure they know not to pay or respond to any demands at all. They should not engage at all
- Teach them that they should take screenshots if something happens to have evidence if the authorities need to be notified
- Let them know that they can always speak to you without judgment, that you will help them if they make a mistake online, and something goes wrong. They need to know that they should never be afraid to speak up.

In closing

- If you are in Australia, make an image-based abuse report to <https://www.esafety.gov.au/report/image-based-abuse>
- Report suspected grooming to <https://www.accce.gov.au/>
- Or report to your local Police or Crime stoppers via <https://crimestoppers.com.au/>
- If you are not in Australia, immediately contact your local Police for advice and to make a report.



Kirra Pendergast

Kirra Pendergast is the CEO of Safe on Social Media Pty Ltd and The eSafety Training Company Pty Ltd. Both are purpose-driven organisations, aiming to keep as many people across the world safe online through education and empowerment. For further information visit www.safeonsocial.com and www.esafetyhq.com