

College

Newsletter



MacKillop
St Mary MacKillop College Canberra



Volume 14 2019

18 OCTOBER

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Coming

Up

WED 23 OCT

- Senior Leadership Elections

WED 30 OCT

- Student Mentoring (W)
- Senior Hospitality Dinner

THU 31 OCT

- Year 7 Immunisations

FRI 01 NOV

- Year 7 Immunisations

WED 06 NOV

- Long Tan Assembly (I)
- Campus Captain Elections

FRI 08 NOV

- Remembrance Day Services

MON 11 NOV

- Remembrance Day Services
- Year 7 PAT Testing

Contact Us

Contact Details



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Ellerston Avenue, **Isabella Plains** (Years 10-12)



Absentee Phone Lines

Years 7-9: 02 6209 5240
Years 10-12: 02 6209 0110

Socials



www.facebook.com/
mackillop.act



www.twitter.com/
mackillop_act



www.instagram.com/
mackillop_act



www.youtube.com/
stmarymackillop



Principal's

Letter



Dear Parents, Teachers and Students

Greetings from Institution St Joseph, lycée Catholiques, Le Havre, France! This school has been a partner of MacKillop's for eight years. This community has welcomed several hundred of our students into its classrooms and homes forging friendship, understanding and expert language experiences. Today, I have been privileged to teach an English class to Year 9 on the novel *To Kill A Mockingbird*. There is a reason I no longer teach but it was fun for the students and not so terrifying for me-after a while. There are many students at this school who wish to visit MacKillop and I have been moved by the process the students undergo for selection; interviews, projects and speeches. The feedback I have received from the students and their teachers has been so positive about MacKillop and the generosity of our families. Thank you to everybody at MacKillop for your participation in this project, the rewards are so worth it.

MACKILLOP VISITS ENRICO FERMI SCHOOL, PADUA, ITALY.

Prior to visiting France I travelled with MacKillop students and staff to Greece and Italy, the highlight being the week long home stay experience at our sister school in Padua. This also has been overwhelmingly positive as a source of feedback about our program and school.

Overseas travel is not a glamorous experience and group travel can create inconveniences. This was the case on this trip. At no time did any of the adults on the trip hear one word of complaint, experience any lack of cooperation or have to deal with any poor choices made by students. This is not about luck. This is about the quality of our students and the parenting they receive, a quality that contributes strongly to the tone and culture of our school. It is very easy to be proud of our kids and important to not take their character and substance for granted.

PARENT /TEACHER EVENINGS

I hope families enjoyed the experience of P/T night on the St Peter's Campus. This is an opportunity to encourage families to see what the senior campus looks like and how the College's facilities support and promote learning. The Sister Noelene Quinane Student Centre is a splendid facility that will foster individual, group and conference learning as well as enable early and late access to food and beverage and places for students and staff to congregate in a warmer setting. This facility will be formally blessed and opened this term, fully paid for already.

I return to the College on Monday.

Yours sincerely in St Mary MacKillop,

MICHAEL LEE
COLLEGE PRINCIPAL

"I hope families enjoyed the experience of P/T night on the St Peter's Campus. This is an opportunity to encourage families to see what the senior campus looks like and how the College's facilities support and promote learning. "

PRINCIPAL'S PRAYER

"Lord,

We give thanks for the relationship we have with our sister schools in Japan, Italy and France. Help us to continue to bring energy, creativity and understanding to this global enterprise.

Amen".



Year 9 take on 'The Bard'

Year 9 Students are making use of the inviting and flexible workspace of the Learning Commons to learn how to 'Google like a Pro' and search the College Databases during their Shakespeare Workshop. Mrs Hunter and Ms Manning are collaborating with Mrs Baker and the Year 9 English teachers to develop student's research skills using tips and tricks to help them become independent learners and critical thinkers.



Year 9/10 Boys Cricket

On Monday the 16th of September the 9/10 boys participated in the T20 cricket gala day. The format was 8 overs while batting in pairs for 2 overs each. We started the morning off with a match against Alfred Deakin which we cruised through resulting in an easy dub which then was followed by a very close game against Calwell High with only a 3 run win. After the recess break the tournament continued and we were matched up against Mount Stromlo which resulted in our first loss. The last game that was played was against Lyneham which we won. The day had finished off with a high catching competition with Justin Lawrence (10F2), who was nominated to participate and he came 3rd. Overall the day was quite enjoyable with everyone eager to do it again.

Joseph Kiraly (10E1)





Students Perform at Fearless

Congratulations to **Lilana McKee (Year 8)** and **Caitlin Jorritsma (Year 7)**, who performed as part of the Australian Voice Collective with Peter J Casey at the Fearless Comedy Gala.



Student Achievement

Congratulations to Clare Levings (Year 9), who was selected in a Cricket Australia XI that will play at the U18 National Championships later this summer. Clare was selected as part of a CA U15 Talent Squad training camp in Brisbane. She was the only representative from the ACT.

Life Drawing

MacKillop once again ran life drawing classes for senior Visual Arts students, their parents/carers and MacKillop staff during Term 3. The two-hour classes were run every second Wednesday afternoon at the Tuggeranong Arts Centre. Sessions were run by our Visual Arts teachers and it was great to see students, in particular, develop their confidence and drawing skills over the course of the five sessions.

Tamara Murdoch • Visual Arts Coordinator



2020 Student Leadership Elections

The focus of the Pastoral Program in Term 3 is on Community Service/Leadership. At the end of Term 3 the process for electing the 2020 Student Representative Council commenced with current Year 11 students nominating for College Captains and portfolio captains. Elections for these positions will take place next week.

In the coming weeks elections will take place for House Captains and student representatives from each House in each Year group. Many of our students have great leadership capacity and individual attributes to lead others. However, as the Parenting Ideas article within this newsletter states, to be truly successful they also need to develop a leadership mindset. It is common that students may only consider nominating for the College SRC if they are given some encouragement to do so. Having a conversation with your son/daughter about the opportunity to seek a formal leadership role may be a first step to attaining this goal within the College SRC.

The election schedule for student leaders on the Padua Campus commences this week with nominations open for interested students. Nomination forms will be available for collection from Pastoral Care Coordinators on Wednesday 23 October. Key nomination closing dates and election dates are listed below:

POSITION	ELIGIBLE	NOMINATIONS CLOSE	ELECTION
College Captains - 1 female & 1 male Portfolio Captains - 5 positions	Current Year 11	Closed	Wed 23 October
College House Captains - a female and male from each of the 4 Houses	Current Year 11	Closed	Wed 30 October
Padua Campus Captains - 1 female & 1 male	Current Year 8	Wed 30 October	Wed 6 November
Padua House Captains - a female and male from each of the 4 Houses	Current Year 8	Wed 30 October	Wed 20 November
SRC Positions - Year 10 – a student from each House - Year 8 – a student from each House	Current Year 9 Current Year 7	Fri 1 November	Wed 20 November

Status Awards

Congratulations to the following students who were been presented Status Awards at last week's Padua Campus Assembly:

Bronze Status

Isabel Evans 7A3, Connor McDonough 7W2, Lachlan Moore 7F2, Charlie Napier 7F3, Kyron Shaw 7F2, Kade Websdane 7F2

Silver Status

Aran Moody 7A3, Alexander Murray 7A3



House Fundraising

During Terms 2 and 3 each House has conducted fundraising activities to raise money for their chosen charities. These efforts have raised over \$6,550 to be shared evenly between the charities listed below.

Mindygari	Veterans 360 Australia
Gurabang	Rise Above – Capital Region Cancer Relief
Meup Meup	The Ricky Stuart Foundation
Ngadyung	headspace

Congratulations to the SRC on each campus who have led the fundraising activities and to all students who have contributed.

Term 4 After School Sport – Soccer

During Term 4 Soccer will run as an after school sports activity, available to all students in Year 7 to 9. This is again being organised by College Sports Captain Jacob Church with assistance from other Year 12 student volunteers.

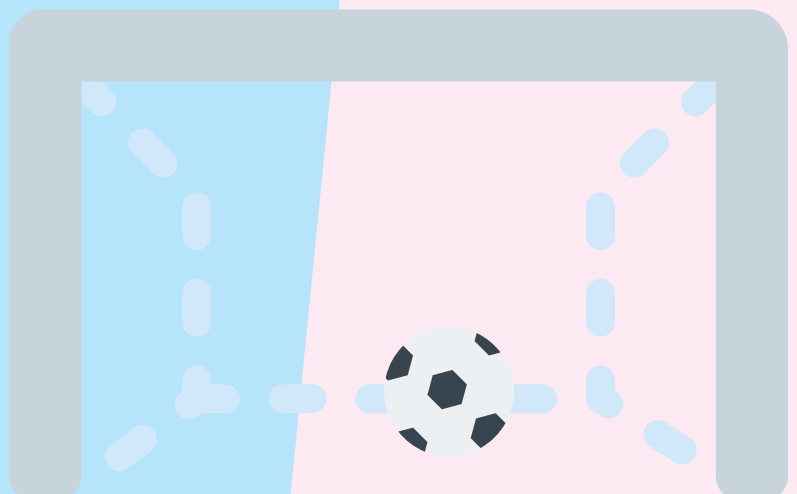
The sessions will take place on Thursday afternoons from Week 2 until Week 7, from 3.30pm to 4.30pm at the Wanniasa Campus.

All students are invited to participate regardless of experience or ability.

Consent forms are available from Pastoral Care Coordinators, the PE staffroom and can be downloaded from Canvas.

Students who have attained Bronze or Silver Status may count the hours that they attend towards their application for the next level of Status, as Community Involvement time.

Lachlan McNicol •
Assistant Principal, Pastoral Care



Languages

Languages is a significant part of the curriculum at St Mary MacKillop College. And Italian, French and Japanese are offered from Years Seven to Twelve. Students have the opportunity to study a language in Years Seven and Eight and then they can build on this by choosing a language as an elective in Years Nine to Twelve. The senior school offers Languages at a Beginning and Continuing level. This gives students who have only done a language in Years Seven and Eight to pick up a language in Year Eleven as a Beginning Course.

In many other countries, learning a language is compulsory until the final year of schooling. In contrast, Australian students may study a language other than English in secondary school but few actually continue language study once they are able to tailor their subject choices in their senior years. I would like to take a brief look at the benefits of studying languages at school.



It broadens their horizons: Language study will not only provide your child with the skills to speak, write and read a foreign language, but will typically also give insight into the history and culture of societies where the language is used.

It can provide opportunities for international travel: Learning a second language can offer students a number of opportunities for international study.

It can boost their chances of tertiary entrance: Many universities recognise the benefits of language study and are willing to offer students 'bonus points' for studying a language during school.

It can improve job prospects down the track: It's no secret that speaking a foreign language can be beneficial when it comes time to find a job. Employers in service industries such as tourism and hospitality will favour those who speak a second language. The same can be said for businesses that deal with overseas clients and partners on a regular basis, as well as job roles that require overseas travel. Having the ability to communicate in another language will put your son or daughter in demand in the employment market



There are links to intellectual and physiological benefits: Many studies have been conducted into the benefits of learning a second language, with research linking bilingualism to literacy development and improved cognitive skills such as memory, perception and the ability to multi-task. It has also been found that learning a second language can help improve the development of skills in an individual's first language.

At St Mary MacKillop we have a number of skilled Language Teachers who are passionate about encouraging students to learn a foreign language. The language programme is well supported by Cultural Studies classes. Sandhya Tulpule, Hayley Feilding and Sandy Duncan have developed some excellent programmes to engage students in cultural awareness and appreciation. A number of students have just returned from a History/ Language tour to Greece and Italy. This was an exciting opportunity for those students to directly engage in the cultures of their history and language studies. I would like to thank our colleagues at the Liceo Fermi in Padua for hosting us. I would also like to thank Peter Johnson for his excellent organisation and Michael Lee, Maria O'Donnell, Tara Williams, Lachlan McNicol for attending and looking after our students.

Joe Ciccarone • Languages Coordinator

School Fees

Term 4 Fees were electronically sent to family email addresses on 2 October 2019. Fees are to be paid by 1 November 2019 unless paying by Direct Debit or other approved method. If you would like more information regarding Direct Debit payments or have any queries regarding your fees, please contact the Fees Office.

It is most important that you notify the College regarding any changes to your email address as this is our primary form of communication.

Please note that if you are seeking a credit for non-attendance at a Camp or Retreat you must provide the College with a medical certificate or seek approved leave from the Campus Head.

Michelle Predovan • Fees Manager

Community News

FETE AT ISABELLA GARDENS RETIREMENT VILLAGE

This year's Fete at Isabella Gardens Retirement Village, Drumston Street will be held on the 16th November 2019 from 11am to 3pm.

There will be a great selection of stalls, food, drinks and raffle prizes.

Everybody welcome to come and enjoy the day.

CHILDREN'S ASTHMA EDUCATION SERVICE

Available to all families in the ACT, Parentline offers a free and confidential counselling service to assist and support parents with ideas about raising children. Contact Parentline on 6287 3833. 9am-5pm.

PARISH SECRETARY NEEDED

Helping children with asthma breathe easier
The Children's Asthma Education Service (CAES) provides children, young people and their families with initial and continuing support to manage their asthma.

This includes helping:

- Children, young people and families understand asthma, asthma first aid, how asthma medications work, and when to use them
- Teenagers self-manage support and device options.

For further information contact:

www.health.act.gov.au/asthma

Ph: Community Health Intake 5124 9977

insights

Promoting a leadership mindset in students

by Michael Grose



There are leaders in all walks of life. In business, at school, in families, in sport and in the wider community your young person will have the opportunity to lead others. Your young person may have many individual attributes that will enable them to lead but, to be truly successful, they also need to develop the appropriate mindset.

Put others first

Effective leaders generally act in the best interest of others. When a young person focuses on how they can work for the good of others he or she is well-placed to lead. You can develop a benefit mindset in the following ways:

- Encourage your young person to volunteer within the community
- Share your stories of community, leadership and volunteering
- Give your child leadership opportunities (with accompanying responsibilities) among siblings and friends

A willingness to step up

Situational leadership opportunities are everywhere such as leading a small group learning activity at school; coaching a local basketball team; and taking extra responsibility in a part-time job. Encourage your young person to accept responsibility, take initiative and claim ownership when things don't go to plan. Here's how:

- Discuss situational leadership with your young person
- Encourage initiative by giving them an opportunity to solve their own problems
- Help to identify environments where he or she feels comfortable taking a lead such as in class or on a sporting field

The ability to speak up

A young person with a leadership mindset is more likely to put aside self-doubts about speaking in front of others. Encourage your young person to speak in front of others by:

- Giving them opportunities to express their opinions at home
- Encouraging them to speak up in small group situations at sport or other after school activities
- Developing their skills through debating, acting or public speaking

An attitude of inclusiveness

Leaders can only be truly successful when they include others in their activities. Develop an attitude of inclusiveness by encouraging your young person to:

- Notice those around them who may not fit in or who are different in some way to the group norm
- Work with young people from different backgrounds and with different interests, at school and in the community
- Be involved in at least one activity outside school in an effort to broaden their social horizons

Leadership is as much about mindset as it is about skill development. When you encourage your young person to think **We** rather than **Me**, you'll be on the road to developing an invaluable leadership mindset that they can take into a variety of situations.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.