

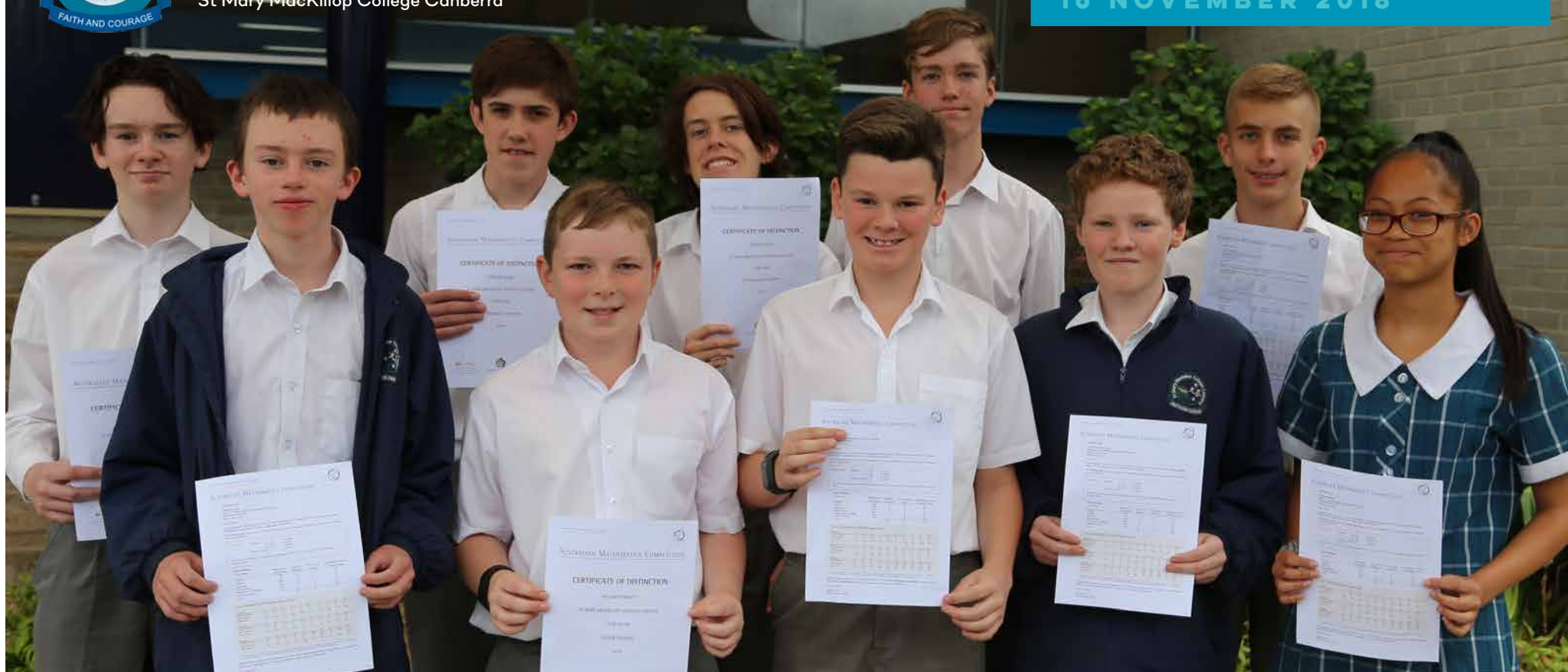


MacKillop

St Mary MacKillop College Canberra

COLLEGE
NEWSLETTER
16 NOVEMBER 2018

NO. 18



NAPLAN

PAGE 3

Mr Lee talks about the College's encouraging and very positive 2018 NAPLAN results for Years 7 and 9.

ISART

PAGE 4

The Year 12 Art Exhibition opened on Wednesday evening, with student works displayed in the College's Phoenix Gallery.

HOSPITALITY DINNER

PAGE 5

Senior Hospitality students put on a three-course meal for their parents and staff, showcasing their talents in the kitchen and front of house.

SENIOR PRODUCTION

PAGE 6

Year 12 Drama students performed the play *Game of Tiaras* at the Tuggeranong Arts Centre this week.

EXAM TIMETABLE

PAGE 11

It's coming up to that time of year again! The Senior Campus will be busy with Senior Exams over the next few weeks.

COMING

UP

TUE **20** NOV

- Year 12 Breakfast
- Year 12 Farewell Assembly

WED **21** NOV

- Senior Exams commence

FRI **30** NOV

- Status Awards Afternoon
- Year 12 Grad Practice

MON **03** DEC

- Year 10 Community Day

WED **05** DEC

- Year 10 Awards Assembly
- Last day for Year 10

THU **06** DEC

- Market Day

FRI **07** DEC

- Year 12 Graduation Mass
- Year 12 Formal

CONTACT DETAILS &

SOCIAL MEDIA



02 6209 0100



info@mackillop.act.edu.au



www.mackillop.act.edu.au



**PO Box 1211
Tuggeranong ACT 2901**



Mackinnon Street, **Wanniassa** (Years 7-9)
Ellerston Avenue, **Isabella Plains** (Years 10-12)



Absentee Phone Lines

Years 7-9: 02 6209 5240

Years 10-12: 02 6209 0110



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stmarymackillop](http://www.youtube.com/stmarymackillop)

PRINCIPAL'S

LETTER



Dear families, students and friends,

THE GRADUATING CLASS OF 2018

This coming Tuesday 20 November, we will farewell the Class of 2018 from the College. The farewell will commence at 8am with a breakfast for staff and the Graduating Class, followed by their Leavers Assembly at 9am. Tuesday will mark the end of classes for the year group, who will move to their final examinations and assessments and will graduate at a Mass and Formal on 7 December.

The Class of 2018 will leave a very positive legacy on the school, full of personality and diverse talent, with much faithfulness and integrity. The MacKillop community will have further opportunities to show their best wishes and affections to the year group as they finish being school students and move to what is apparently a 'real world'.

NAPLAN 2018

I would like a dollar for every time I have said (and have read other people say), "NAPLAN is just a snapshot of where students are at a given time." No doubt so would readers of the College newsletter! The 2018 results continue to bring comfort and direction to the College. The snapshot of where our students are at at this given time shows that the College continues to attract a full range of student abilities, including those with considerable talent in literacy and numeracy. The Year 9 results for 2018 reflect the trend of growing student achievement in MacKillop's classrooms.

NAPLAN data measures and reports growth between Year 7 and Year 9. The percentage of MacKillop students who achieved or exceeded their expected growth is greater than the same data for the ACT. For example, 74% of our Year 9 students had 'above expected growth' in reading and 67% had 'above expected growth' in numeracy. This is pleasing and reflects well on teaching and learning at MacKillop. We are also pleased by the number of our students achieving in the higher bands for each of the domains.

It is reaffirming to have data that shows achievement in literacy and numeracy at MacKillop and that will help to drive quality teaching and learning into the future. These are encouraging results that Year 7 and 9, and their teachers, can take some pleasure in.

AUSTRALIAN MATHS COMPETITION

The Australian Mathematics Competition results were released recently, bringing much excitement to MacKillop's participants. We had a large number of students receive Distinction certificates in this competition. Special congratulations to Patrick Dunn (Year 7), who achieved a High Distinction in the competition. Patrick's results were in the top 2% of the country, which reflects his talent and interest in mathematics. Congratulations to our students' teachers, who have offered encouragement and expert support, and to the Infinite Program and mathematics enrichment programs that offer like-minded and talented students extension and enrichment at MacKillop.

Yours in St Mary of the Cross MacKillop,

MICHAEL LEE
COLLEGE PRINCIPAL

*"It is reaffirming
to have data
that shows
achievement
in literacy and
numeracy at
MacKillop."*

PRINCIPAL'S PRAYER

Lord,

*We pray for the repose of
the soul of past student
Nicola Bland and for her
family and friends to know
Your love and mercy.*

Amen.





ISART EXHIBITION

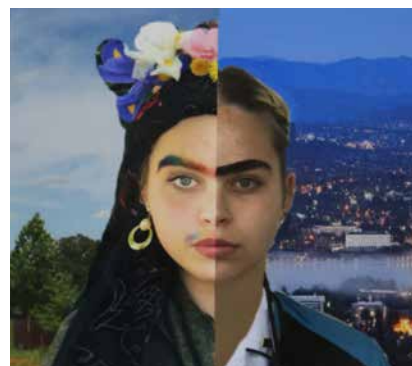
The opening of ISART, an exhibition of Year 12 Visual Arts, Photography, Media and Graphic Design, took place on the evening of Wednesday 14 November at the St Peter's Campus. Guests were also treated to performances by some of our Music students.

The exhibition was officially opened by our Artist in Residence, Smalls (James Small), who spoke to the crowd about his experiences of working with young people and gave advice to our Year 12 students.

The exhibition will remain on display for the next two weeks during school hours.

Tamara Musdoch

Visual Art Coordinator





SENIOR HOSPITALITY DINNER

The Year 11 and 12 Hospitality students hosted the annual Parent Dinner held on Wednesday 31 October. Our students welcomed around 80 parents, friends, teachers and board members to a feast of canapes and mocktails before presenting them with a three course meal. Year 12 students showcased their front of house skills, something they have been practicing all year in Café Bella. Year 11 students excelled in back of house food preparation. Our menu included foods that many of the Hospitality students learnt to cook when on the Singapore Tour in April and foods they had made in class for service in Café Bella and for practical exams. The night was a huge success thanks to the hard work of all the Hospitality teachers, and students.

Janelle Maas

Food and Textiles Coordinator

RICKY STUART VISIT

When Ricky Stuart heard that Gurabang had chosen his foundation as their house charity, he was keen to come and thank the St Mary MacKillop community for their support. Ricky was aware that our Pastoral theme for this term was Leadership in the Community and told all our students that they are all leaders in many different ways on a daily basis. Ricky's motivation to set up the Ricky Stuart Foundation was to provide specialised respite accommodation for children with disabilities. Because Ricky has a daughter with autism, he and his family know how important it is for all family members to have the opportunity for respite and know that their children will be cared for in a specialised and supportive environment.

Colleen Kain

Year 9 Coordinator





SENIOR PRODUCTION

Congratulations to the Year 12 Drama class, which put on its Senior Production, *Game of Tiaras*, on Monday and Tuesday nights this week. The students performed the comedy/drama at the Tuggeranong Arts Centre. The class also performed for junior students at the Padua Campus.

On Thursday afternoon, Year 12 Dance and Music students presented their final assessment pieces (also at the Tuggeranong Arts Centre) in front of families and friends.

STUDENT ACHIEVEMENT

Ben Stokes (Year 12) competed at the Australian Short Course Swimming Championships at the end of September. It was a big meet with a morning and evening session. Ben achieved four personal best times from his six races.

Angelo Bourandanis (Year 9) is competing in the Australian National Golf Championships in Sydney.

Engarde@MacKillop fencer Oliver Bryson (Year 10) will be wearing the Australian green and gold at the 2018 Australian Open Fencing Championship in Melbourne this weekend. The championship has attracted international competitors from Canada, French Polynesia, Italy, New Zealand, United Kingdom and Ukraine.

STATUS AWARDS

Congratulations to the following students who were been presented Status Awards at this week's Padua Campus Assembly:

BRONZE STATUS

Kurt Baumhammer 7W1, Ella Fortes 7W1, Adora Le 7W1, Baly Locus 7A3, Angeliese Sommariva 7A3

SILVER STATUS

Callum Doherty 9A3

Lachlan McNicol

Assistant Principal Pastoral Care



ART COMPETITIONS

Congratulations to Katie Bissett in Year 7 who entered her fabulous ceramic pinch pot monster into the Queanbeyan Show over the weekend. The judges were very impressed with her artwork and she was awarded Champion for Junior Craft Exhibit 12 Years and Under as well as two First Prizes in other categories for the same artwork. Well done Katie!

This year we had a number of students from both campuses enter photographs into the 22nd Annual Photographic Competition. Congratulations to the following students who received certificates and awards:

- Hannah McGee in Year 11 achieved 4th Place in the 'Colour' category and achieved Commended for her entry in the 'Monochrome' category.
- Nadia McNeill in Year 10 achieved Highly Commended in the 'Colour' category and Commended for her 'Altered Reality' entry.

Tamara Murdoch

Visual Arts Coordinator



SENIOR BIOLOGY

On Monday 5 November, the Year 12 Biology students were audience to a lecture by Associate Professor Marcel Cardillo. Associate Professor Cardillo is a teacher and researcher in the field of evolution and ecology at the Research School of Biology at the ANU. His talk detailed some of the big picture questions currently being studied in the fields of evolution and biodiversity, such as how many species there are on Earth, and why do we see a greater variety of life in tropical regions compared to other places around the world.

On Tuesday 6 November, the Year 11 Biology students attended a practical at the Biology Teaching Laboratories at the ANU. This hands-on experience gave students the opportunity to monitor their own heart beat via ECG, enabling them to hear their heart beat live as they moved around and tried various activities. This was followed by students monitoring their temperature and blood pressure and investigating the effect of exercise on these measurements.

Both activities gave students an opportunity to engage with the research and practicals being undertaken at the ANU.

Melissa Pest

Science Teacher

SCIENCE AWARDS

In August, Chemistry students in Years 11 and 12 sat the Royal Australian Chemical Institute (RACI) Australian National Chemistry Quiz (ANCQ). This Australian-based international competition challenges the best Chemistry students in 21 countries and MacKillop achieved some excellent results. The Science department congratulates the following students on their fine results: Harrison Waterhouse (High Distinction), James Crispin (Distinction), Lauren Crispin (Distinction), Alexis Lanuza (Distinction), Nicholas Naess (Distinction), Christopher Caruana (Credit), Claudia Donda (Credit), Cari Forster (Credit), Ali Haider (Credit), Chloe Osborne (Credit), Grace Spratt (Credit).

Tristan Burg

Science Coordinator - St Peter's Campus



ORDINARY PEOPLE BREAKFAST

On Thursday 15 November, four Year 11 students were invited to the Australian Catholic University event, Ordinary People- Undiscovered leaders. While sitting down for a delicious breakfast, we listened to guest speakers talk about their experience of leadership and the importance of mentoring. Rebecca Vassarotti was the keynote speaker, who told us about her personal experiences of becoming a leader. She had moments of being out of her comfort zone and trying new things that allowed her to reach the positions she is in today.

A panel of past and current ACU students, including Ashleigh Maas (MacKillop class of 2015) had similar messages about how leadership can come from many different experiences and can be presented in different forms. Similar to Rebecca, the panelists informed us that getting involved in the school community through volunteering and activities can produce some of the best moments of leadership. The student panel informed us of the Community Achiever Program that allows early entry to the university through volunteering and participation, getting us motivated to participate more in our communities. Though all the speakers were great leaders, they all had support to help them through their experiences. They all spoke strongly of mentorship and how it assisted them to become the young leaders they are today.

Audrey Kent

Year 11

2019 CAMPUS CAPTAIN ELECTION

Last week 17 students in Year 8 put themselves forward to be considered as the 2019 Padua (Wanniassa) Campus Captains. Each of the candidates is commended for presenting themselves as worthy of election through quality speeches.

Congratulations to Jonathon Silver and Carly Lyons who were elected to these important positions of leadership.

Elections for the remaining Student Representative Council positions for current Year 7, 8 and 9 students will take place in House groups next Wednesday, 21 November.

Lachlan McNicol

Assistant Principal Pastoral Care

GOING STRAW-FREE AT PADUA CAMPUS CANTEEN

Do you dispose of your plastic straws correctly? Every day in Australia, 10,000 straws are used and disposed of, harming our environment. These plastic straws are only used for a few minutes, but yet cause permanent damage. Plastic straws cannot be recycled, unlike some similar soft plastics as they do not decompose, but rather break down into smaller pieces lasting for hundreds of years.

As of Week 6, the Padua Campus will become straw free! Plastic drinking straws will no longer be available from the Padua school canteen. This small modification in our school community will make a significant and necessary change to our environment.

Lilly Vassallo

Padua Campus Captain

STUDENT EXCHANGE PROGRAM

Early in Term 1 2019, MacKillop will welcome exchange students from our sister schools in Japan and France to the College.

Our Japanese sister school is located on the Oki Islands, Japan. MacKillop will have 13 students visit us for approximately one week during February. Our French sister school is located in Le Havre, France. MacKillop will have 25 students visit us from 12-26 February.

If your family is interested in hosting an exchange student please email peter.johnson@mackillop.act.edu.au to express your interest.

Peter Johnson

International Programs Project Officer

SCHOOL FEES

Fees for Term 4 should now be finalised unless paying by Direct Debit or other approved arrangement. Any outstanding fees should be paid immediately.

It is most important that you notify the College regarding any changes to your email address as this is our primary form of communication.

If you require more information regarding Direct Debit arrangements or other approved payment methods or are experiencing difficulty paying the fees please contact the Fees Office.

Michelle Predovan

Fees Manager



COMMUNITY NEWS

St Francis of Assisi COMMUNITY FETE 2018

ST FRANCIS OF ASSISI FETE

The St Francis of Assisi Primary School Fete takes place on Saturday 24th November at 120 Casey Crescent Calwell from 10am to 2pm.

Lots of fun for all: Show rides, a kids wet zone, vintage cars, music, food, drinks, a chance for Santa photos in the Christmas wonderland, show bags, face painting and so much more. We also have a cake decorating competition for those decorating enthusiasts (contact the school for more details 62924500). Come along for a fun filled day.

DON'T MISS OUT!



INDIGENOUS ART MARKET - 7 AND 8 DECEMBER

The AIATSIS Indigenous Art Market takes place at Acton Peninsula on 7 December (10am-6.30pm) and 8 December (10am-4pm). Don't miss out! More information is available at aiatsis.gov.au/iam2018

PARENTLINE

Parentline ACT is a confidential and free counselling and information service. Contact Parentline ACT on 6287 3833 on Monday to Friday (except on public holidays), between 9am and 5pm.



SIBLING DISCOUNT FORM

Catholic Education offers a discount on Tuition fees to siblings who are attending St Mary MacKillop College and one or more of the following schools:

- ☐ Merici College
- ☐ St Clare's College
- ☐ St Francis Xavier College
- ☐ St John Paul College

If you have a student attending any of the above Colleges, as well as having a student at St Mary MacKillop College, please complete the section below and return it to the Accounts Office for the sibling discount to be applied to your account in 2019.

Please note that you do not need to fill in the form below if all siblings are attending St Mary MacKillop College as they automatically receive the sibling discount.

If you have any concerns regarding this matter, please contact the Fees Manager on 6209 0147.

NAME: _____

Address: _____

STUDENT'S FULL NAME	SCHOOL ATTENDING IN 2019	Year Group 2019

PLEASE RETURN THIS FORM TO THE ACCOUNTS OFFICE **BY 7 December 2018**

Year 10 and Senior Exams - Semester 2 2018

Year 10 Exams S2 2018		
Wednesday 14 November	Period 1-2	Year 10 RE
Thursday 15 November	Period 1-2	Year 10 Science
Friday 16 November	Period 1-2	Year 10 Mathematics

Students are to attend normal scheduled Year 10 classes for all other periods.
All other Year 10 assessment will be scheduled in normal class time.

Senior Exams S2 2018		
	Year 11	Year 12
Wednesday 21 November Morning (9.15am)	English T	Mathematical Methods Ancient History A/T Business A/T
Wednesday 21 November Afternoon (1.15pm)	Literature Economics Legal A/T	English T
Thursday 22 November Morning (9.15am)	Mathematical Applications Specialist Methods	Essential English Literature
Thursday 22 November Afternoon (1.15pm)	Mathematical Methods Psychology A/T	Mathematical Applications Specialist Mathematics
Friday 23 November Morning (9.15am)	Modern History A/T IT DM Geography A/T Global Studies A/T	Exercise Science A/T Physics IT DM Geography A/T Global Studies A/T Sociology A/T
Friday 23 November Afternoon (1.15pm)	Biology Business Administration	Biology Modern History A/T Business Administration
Monday 26 November Morning (9.15am)	IT A/T Ancient History A/T Exercise Science A/T Earth Science	IT A/T Legal Studies A/T Earth Science
Monday 26 November Afternoon (1.15pm)	Business A/T Physics Oceanography Senior Science	Hospitality T Economics Psychology A/T Oceanography Senior Science
Tuesday 27 November Morning (9.15am)	Hospitality T Sociology A/T Chemistry	Chemistry
Tuesday 27 November Afternoon (1.15pm)	Music A/T	Music A/T

Please Note: Some courses do not have a final semester exam.

All Year 11 and 12 students will receive a personalised examination timetable indicating session start and finish times and locations.

Enquiries regarding exam schedule should be directed to Janine Hickson, Student Records in the first instance on 62090129.



THIS CHRISTMAS, YOUR SUPPORT CAN MAKE WISHES COME TRUE.

Get involved through your school.

Support the Vinnies Christmas Appeal at school
or visit vinnies.org.au/getinvolved

 **Vinnies Christmas Appeal**
 St Vincent de Paul Society
good works

insights



Five forgotten mental health habits to promote in young people

by Michael Grose



Young adolescents are at increased risk of experiencing mental health problems including anxiety and depression. Now is the time to make good mental health habits a priority for your young person. And while there's been a great deal written about mental health habits recently, here are five habits worth developing that often go under the radar.

1. Maintain at least two friendships groups

Navigating social groups can be hard work for children at this stage. It helps to have a set of friends outside school to act as a buffer if friendship difficulties arise at school. Encourage your young person to maintain different friendship groups rather than opt for just one or two special friends.

2. Provide a space of their own

Young people of this age need a space of their own at home – somewhere that they can reflect on and process events. We all need this, but the need seems greater during this stage.

3. Talk about their troubles

A problem shared is a problem halved. Talking about what's worrying you is a great way to remove the burden of worry and reduce anxiety. Gently encourage your child to be open with you, or to at least share their concerns with a trusted friend.



4. Develop interests that energise rather than drain

Encourage your young person to have a hobby or activity that energises them, refreshes them and takes them away from the stresses of everyday life. These types of activities include sport, art, music and collecting. They are generally physically healthy or creative activities that enable a young person to relax and get away from their normal routines. Having opportunities to relax and get away from the stress of everyday life is essential.

5. Make mealtimes regular

There's a strong correlation between good mental health in young people and families that have a minimum of five shared mealtimes each week. As their life becomes busier and increasingly taken up with peers, school and outside interests, a regular meal with the family provides young people with the opportunity to catch up with their parents and siblings. Shared meals also provide parents with the chance to assess their young person's mental health in an unobtrusive way.



There's never a better time than the present to foster good mental health habits in young people. But of course if you're concerned about your young person's ongoing mental health, see your GP, a school councillor or a health professional.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.